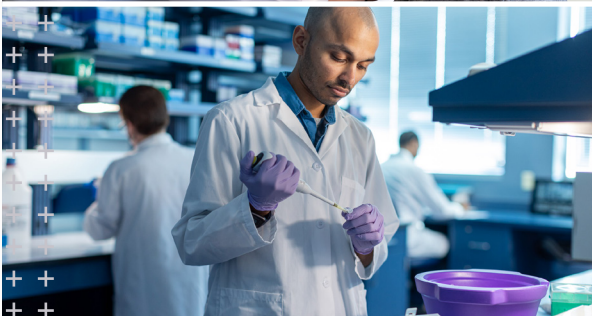




Community Health Lecture Series 2024

at the Foothills Branch Library
19055 North 57th Avenue, Glendale



Monday, January 8, 2024 | 6:30 to 7:30 PM

The Importance of Foot Health: An Owner's Guide

Presented by Evelyn Heigh-Rosen, D.P.M.
Assistant Professor, Arizona College of Podiatric Medicine

Monday, February 12, 2024 | 6:30 to 7:30 PM

Beyond Rare: Bridging the Gap of Rare Disease Knowledge

Presented by Melinda Burnworth, Pharm.D., FASHP, FAzPA, BCPS
Professor of Pharmacy Practice, College of Pharmacy, Glendale

Monday, March 11, 2024 | 6:30 to 7:30 PM

A Brain-Friendly Life: How to Manage Mental Overload and Stop "Glitching"

Presented by Marisa Menchola, Ph.D., ABPP(CN)
Associate Professor, Behavioral Sciences, College of Health Sciences

Monday, April 8, 2024 | 6:30 to 7:30 PM

Introduction to Cancer

Presented by Rahul Deshmukh, Ph.D.
Associate Professor, Pharmaceutical Sciences,
College of Pharmacy, Glendale

Monday, May 13, 2024 | 6:30 to 7:30 PM

A Behavioral Approach for Addressing Problematic Social Media Use

Presented by Brad MacNeil, Ph.D., R. Psyche, CHE
Assistant Professor, Behavioral Sciences, College of Health Sciences

Monday, June 10, 2024, 6:30 to 7:30 PM

Why Social Isolation and Loneliness are Public Health Issues

Presented by Tiffany Hughes, Ph.D., M.P.H., M.B.A., FGSA
Assistant Professor, Public Health, College of Graduate Studies

Midwestern University
Tomorrow's Healthcare Team
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Glendale Public Library is a division of the City of Glendale Community Service Department.

For special accommodations, call 623-930-3844.



623-930-3600 | glendaleazlibrary.com

The Community Health Lecture Series offers FREE monthly public lectures on health & medicine by Midwestern University faculty at the Foothills Branch Library. For complete lecture descriptions, go to www.midwestern.edu/azhealthlectures. All events at the Glendale Public Library are public, and participants may be photographed by the media and/or city staff for future print and/or online publication.

The information presented in these lectures is provided for informational purposes only and is not for use in diagnosing any condition. The information is not intended to be a substitute for professional medical advice, diagnosis, care, or treatment. Always consult your physician or other qualified healthcare provider with any questions regarding any possible medical condition.